

64 Blvd de Maraussan 11100 NARBONNE



BUS: E line «Racine» stop

phone: 04 68 49 48 20 email: vaitea.spa@gmail.com



Free parking 100 spaces



Opening hours: Tuesday to Saturday, 10 am to 8 pm

Prices valid until 31 December 2020

## www.spanarbonne.com

Online Booking and Store













MASSAGES OF THE WORLD · WELLNESS · BEAUTY
SAUNA · HAMMAM · RELAXING POOL

your bubble of serenity...

### Your wellness retreat, in solo or duo! Offer gift cards!

# Massages

107 € 214 €

38 € 76 €

55 € 110 €

69 € 138 €

87 € 174 €

Solo

38 €

Duo

76 €

55 € 110 €

69 € 138 €

55 € 110 €

69 € 138 €

69 € 110 €

89 € 110 €

90 min

30 min

45 min

60 min

75 min

30 min

45 min

60 min

45 min

60 min

60 min

80 min

## Sauna · Hammam · Relaxing pool

### RELAXING

Sig	<u>nature</u>	Vaité	a				5010	Duo
This	balinese	massage,	both	envigorating	and	70 min	87 €	174 €

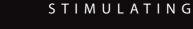
This balinese massage, both envigorating and relaxing, combines deep movements, gentle stretching and circular motions to enjoy a moment of pleasure simply magic...

#### Californian

Relaxing	motions	that	relieve	you	from	daily
tension a	nd stress,	and o	ffer a ge	ntle s	ense c	of well
being						

#### Polynesian

Combining the use of hands and forearms, this
massage inherited from old polynesian traditions
is given in a fluid and rythmic way, in large and
repleneshing movements to soothe strains



#### Abhyanga

Destination India, with this ayurvedic traditional
massage that purifies the body and relaxes your
soul

#### Swedish

By stroking,	tapping	and	stretching,	your	tight
muscles and	entire bei	ing re	lax and rege	enerat	е

#### Shiatsu

Japanese-inspired	massage	using	sustained			
pressure of the thumbs on energy points						

TRADITIONAL GETAWAY
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Sauna $\cdot$ Hammam $\cdot$ Relaxing pool	1 h	20 €
10h Card		180 €
20h Card		350 €
* non-personal cards that can be shared		

### Possibility of privatising the Balneo area:

with family, friends...

* for 2 persons	1 h	45 € / pers
* for 3 persons	1 h	30 € / pers

<sup>\*</sup> For your seminars, birthdays, bridal showers..., consult us!



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#### **ORIENTAL RITUALS**

Choose	your	ancient	oriental	ritual
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Hammam ·	Sauna ·	Relaxing	pool

+ Oriental	scrub	36	€
		_	

#### Hammam · Sauna · Relaxing pool

- + Oriental scrub
- + Rassoul wrap

#### **SCENTED RITUALS**

Travel in all corners of the world... Choose the scent for your scrub and wrap to provide your skin with an outstanding satin-smooth touch and beautiful flagrance.

#### Scented scrub

Hammam · Sauna · Relaxing pool

#### + Scented scrub 46 €

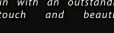
Hammamo Sauna Relaxing pool

#Scented scrub

51 €

#Shea butterwrap

66€



















#### CHILD (4 to 12 years)



#### CALIFORNIAN

36 €

This massage combines lighty touch and gentle movements all over the body, and helps the child discover well-being and relaxation.

FUTURE MOTHER

Perfectly suited to each stage of her pregnancy, this massage relieves the

future mother of aching zones, and brings comfort, softness and serenity to

#### PACKAGE TO SHARE IN DUO

50 min

50 min

94 €

THOUSAND AND ONE DELIGHTS

2 h 30

Lands of Rituals

Your wellness retreat, in solo or duo!

#### **MAYAN MYSTERY**

2 h 30

Relaxing massage 30 min + Delicious facial scrub + Gourmet facial care for 2 children or 1 child accompanied by an adult

*In the land of the 1001 nights, esthetic cares honour* beauty. In the heart of an oasis, enjoy a unique sensorial pause scented with orange blossom...

Natural treasure of a faraway land, the delicacy of the green tea will bring you to the frontiers of Eldorado...

Hammam · Sauna · Relaxing pool · Black soap scrub.

Rassoul wrap ·

Oriental massage 1 h

Solo 110 €



Hammam · Sauna · Relaxing pool · Body scrub · Bamboo massage 1 h ·

Shiatsu face massage 30 min

solo 141 €

Duo 282

4 sessions « Zen Mom » 6 sessions « Zen Mom»

### FUTURE MOTHER RITUAL

375 €

prepare the baby's arrival.

1 session « 7en Mom »

1 session « Zen Mom » + Sublimatina facial care + Scalp & face massage + Shantala massage

163 €

55 €

210 €

315 €

BABY (4 to 9 months)

SHANTALA 25 € 20 min

This traditional massage originating in India is soft, gentle, beneficial for the infant, and allows him to accept the world and smile to life...

## Cures

### LIGHT LEGS Draining esthetic treatment to relax heavy and tired legs. This cure ameliorates the elimination of water, to restore energy, lightness, well-being.

SILHOUETTE

Resculpt and redefine your silhouette... This person-nalized cure offers solutions for thinness, firmness, tonicity, elimination of orange peel skin and cellulite.

1 treatment / week during 2 months:

- · 6 draining esthetic treatments of 45 min · 2 foot reflexologies of 30 min

1 treatment / week during 2 months:

8 sessions of 75 min, with body scrub, targeted massage, and algae wrap

**HEART OF THE TAJ MAHAL** 

3 h 00

**Duo** 338 €

THE WISE MEN'S SECRET

invitation to Nirvana...

Hammam · Sauna · Relaxing pool ·

4 h 00

Destination India, where Ayurveda reveals its secrets, to the entrancina rhythms of amber, vanilla and balance between the lotus and the francipani Patchouli...

Hammam · Sauna · Relaxing pool ·

Scented body scrub.

Abhyanga Massage 40 min,

Shirodhara 50 min, Feet with Kansu bowl 30 min

Body scrub · Tibetan massage 1 h 30 · Foot reflexology 30 min · Facial care

solo 169 €

solo 235 €



Tibetan wisdom draws its essence in an harmonious

fragrances, making this mystical journey a secret



# The Beauty Secrets

#### FACIAL CEREMONIES

### Your wellness retreat, in solo or duo!

You will receive professional personalized advice to continue taking care of your skin at home.

Sublimating skincare 55 €
Immediate personalized burst of radiance with a luminous, fresh and rested complexion

Men skincare 55 €

The skin is cleansed, moisturized, revitalized and protected.

**Expert skincare** 69 €

A treatment program and a targeted advice providing with what you need and expect

**Exceptional skincare** 82 € Anti-aging, recontouring, treatment, with tensing effect

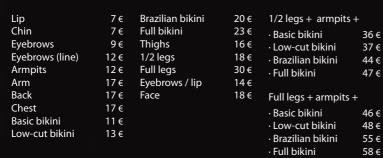
<u>Prestige cure</u> 192 €

Extensive programme of 3 treatments to regain intense, long-lasting radiance

#### BEAUTIFUL & GLAMOROUS

MAKE-UPS HANDS or FEET BEAUTY 38€ Home service available Day 21 € **DYES** 25 € Evening Bridal (trial included) 31 € **Eyebrows** 15 € Self make-up course 65 € Eyelashes 20€

### WAX EPILATIONS



# of the World

#### FROM THE 4 CONTINENTS

Indulge total body relaxation with this

four-handed massage...

		2010	Duo	
<u>Hot stone</u>				
Ancestral amerindian massage technique using	70 min	87 €	174 €	
smooth, dark, heated stones to relieve stiffness and soreness and restore energy	90 min	107 €	214 €	
<u>Foot reflexology</u>				
Ancient Chinese massage that focuses on	30 min	30 €	60 €	
specific acupressure points to ease and relax 45 mir		45 €	90 €	
Thai reflexology				
This thai art uses the fingers and a rosewood stylus to stimulate in-depth points of reflexology of the feet	90 min	75 €		
Scalp and face	20	22.6	66 €	
Delicious massage which delivers radiance and a	30 min	33 €		
youthfulness that you will notice immediately	40 min	43 €	86 €	
<u>Shirodhara</u>				
This jewel of Ayurveda offers an extraordinary sense of bliss on the upper body, with the continuous flow of warm oil on your forehead	50 min	60 €	120 €	
<u>Yin &amp; Yang</u>				

For a deeper relaxation, Vaitea SPA recommend, before each treatment, a session « Hammam · Sauna · Relaxing Pool »

1h 18€

\* Preferential price, only if associated with a treatment



Solo Duo

97 €

45 min







